

# APA PsycTherapy



More than **500**  
videos

All videos taped  
within the past  
ten years



Intended for  
educational  
purposes

More than **100**  
approaches

## **APA PsycTherapy®**

Leverage unscripted streaming demonstration videos for teaching and learning psychotherapy techniques. *APA PsycTherapy* covers authentic therapy sessions and is a dynamic tool for instructors, practitioners, and therapists-in-training.

- More than 500 videos showing various treatment approaches
- Proven methods showcasing common obstacles faced during therapy sessions
- Helpful tools that allow users to create playlists and share video clips
- Expertly tagged metadata for easy navigation to specific therapeutic techniques
- Synchronized transcripts which allow users to search for precise moments in therapy

## **Browsable Fields**

*APA PsycTherapy* allows users to browse by:

- Therapist Name
- Therapy Topic
- Therapeutic Approach

In addition to covering a wide range of topics, sessions provided by *APA PsycTherapy* demonstrate more than 100 different therapeutic approaches, such as cognitive behavior therapy and emotion-focused therapy.

## **The APA PsycTHERAPY Teaching Guide**

*APA PsycTherapy's* Teaching Guide provides step-by-step exercises and suggested videos for the classroom and other training settings. It is a practical resource for instructors seeking new ways to teach concepts in:

- Psychotherapy
- Psychopathology
- Personality and psychotherapy research

## **Searchable Transcripts**

The sessions are all tagged by APA experts, and the search function is also synchronized with full transcripts, ensuring that users quickly find the videos most relevant to them. When users are viewing a session, the transcript rolls alongside it. Instructors can quickly locate a teachable moment using *APA PsycTherapy's* searchable transcripts.